

**What  
is  
integrity?**

# TABLE OF CONTENTS

01 WHAT'S INTEGRITY?

02 WHAT DOES IT MEAN TO WALK THE TALK?

03 HOW CAN YOU SHOW INTEGRITY?



# WHAT'S INTEGRITY?

INTEGRITY IS KNOWING THE DIFFERENCE BETWEEN RIGHT AND WRONG AND CHOOSING TO DO THE RIGHT THING, EVEN WHEN IT IS DIFFICULT.

Ask students to define in their own words, the meaning of integrity.

Use sentence starters for students to provide examples when they display the character trait of integrity.

- Ex: “I show integrity when I ...”

# ACTIVITY #1

## ROLE PLAY & DISCUSSION

What do you do when no-one is watching?

Ask the students to role-play or discuss the following scenario:

- A child buys a drink and notices that the shopkeeper accidentally gives them too much change. Their parent is present, but is distracted. Each group decides what is to happen, and acts out what the child does.
  - Do they tell the shopkeeper and give the money back?
  - Do they take the money and not tell anyone?
  - Do they tell their parent?

# WHAT DOES IT MEAN TO WALK THE TALK?

Most people  
will talk the talk,  
few will walk the walk;  
be amongst those few.

- Dr. Steve Maraboli

# Walk It, Talk It





# ACTIVITY #2

## WALK THE TALK - DISCUSSION

- What does the expression “walk your talk” mean?
- Do you know people who walk their talk?
- What do you think of them?
- Do you know people who don't walk their talk?
- What do you think of them?
- How do you feel when you hear people say one thing and do another?

# WAYS TO DISPLAY INTEGRITY

- Keep your word: Be **honest** with yourself and others.
- Keep your **commitments**: Be on time to class, attend your concerts, tutorials etc.
- Stay **focused**: Do your best in everything you do.
- Take responsibility: Be **accountable** for your actions when you make mistakes.
- **Respect** your classmates, parents and teachers: Be the positive role model that others want to be.

# ACTIVITY #3

## LIVING WITH INTEGRITY - DISCUSSION

- Have you ever taken a stand that was unpopular and had to pay the price for that?
- What did you do?
- What was the outcome?
- How did you feel afterwards?
- What did you learn from the experience?